

Berlin Polka (Nariel)

Position : Nariel version: Skaters hold, right hand under left, couple facing down line of dance.

Music: 2/4 x 8 bars “Ask Old Brown to Tea”, Knees Up Mother Brown

Count--- and 1,2,3- & 4; and 1,2,3- & 4; for section A...

Bars	Steps
2	Section A... Gent left foot, lady right, three steps forward along line of dance with the polka accent and rest the inside foot pointed forward on the floor on the 4 th count
2	Then on the 'and' turn to face against line of dance and repeat the forward polka movement back to place, again resting the inside foot pointed forward on the floor. The music is especially phrased to coincide with the footwork.
2	Section B... Using circular polka hops the lady now turns anticlockwise under raised arms as the gent (who is facing against L.O.D.) polka steps backwards, and then turns clockwise under raised arms to face L.O.D.
2	This “wash the dishes dry the dishes, turn the dishes over” movement is repeated

Note: The movement “wash the dishes etc.” *will not work* if the couples do not have the *right hand crossed under left*, and if they try to turn back to back together. The lady turns under, then the gent, then the lady, then the gent. Polka hops facilitate an easier turn.