

Circular Waltz (Old Time Waltz)

Formation: Couples around the hall – Waltz hold Men facing down L.O.D.

Music: Waltz time in multiples of 2 bars ad lib

All steps are small and staying on the ball of the foot.

Steps described below are for the Men, the Women stepping mirror image on the opposite foot.

NB: a step to each beat, one rotation of six steps taking **2 bars of music**

Bars	Steps
1	Step partly turning clockwise on the ball of the Right foot while stepping forward round onto the ball of the Left foot. (<i>a third of the half turn</i>) Step back on the ball of the Right foot Step back on the Left foot continuing the turn. (<i>Man should now be half way round facing against L.O.D. But continuing to turn</i>)
2	Step back to the side on the Right foot continuing to turn. Step forward on the Left foot Step forward Right foot completing one turn and facing down L.O.D. Again (<i>having progressed along the L.O.D. Whilst doing these 6 steps</i>)

NB: Every step is a passing step, the feet do not close together, one toe always an instep forward or back from the other foot.

People have been known to refer to the Circular Waltz as the 'Walk Waltz' and one easy way of remembering the steps *as described in detail above* is to say, around back back, around forward forward.

Repeat the above 2 bars of music ad lib