

## Maxina

**Formation:** Couples in open position Upper Hold, facing L.O.D. (*anti clockwise*)

**Music:** 24 bars

| Bars | Steps   |
|------|---|
| 1    | Both starting on Left foot, glide Left foot forward with weight rocking forward on it, while lightly bringing the Right foot up to Left, step back on the Right foot, closing Left to Right   |
| 1    | Repeat forward and backward rocking movements   |
| 1    | Take 3 quick steps forward starting on Left foot, lightly bringing the Right foot up to the Left on the 4th beat  |
| 1    | Repeat the above going backwards, start on Right foot   |
| 2    | Take 2 slow steps, forward starting on Left foot, turning on Right foot, take 3 quick steps backward and close.   |
| 2    | Repeat the above starting on Right foot   |
| 4    | Both starting on Left foot take 4 'grapevine steps'<br><i>(step in a diagonal line towards the Right with Left foot, close the Right foot up, and either swivel both feet – on the ball of the foot through a quarter turn, or step round, stepping back with the Left foot diagonally backward, the step being behind the Right foot)</i><br>Repeat above for 3 more steps |
| 2    | Take 2 slow steps, forward starting on Left foot, turning on Right foot, take 3 quick steps backward and close.   |
| 2    | Repeat the above starting on Right foot   |
| 2    | All facing L.O.D. Take 2 slow steps forward, then the Man turns inward to face partner while the Woman turns outward, then both step backward, then forward to join partner in ballroom hold.   |
| 6    | Waltz L.O.D. With partner   |

Repeat ad lib