

Polka Quadrille

Formation: Quadrille set of four couples in a square. 1st couple has back to band, 2nd couple faces the band, 3rd couple on 1st couple's right and 4th couple on 1st couples left

Stepping: Polka throughout

Music: 16 or 32 bar x 4 x 64 + Coda of 3 hop Polkas at a steady tempo 52-56 bars a minute. Eg: Bill Cooper's Polka; My Mother Said; So Early in The Morning; See Me Dance The Polka; McGlashan's Two Polkas; Harry Cotter's See Saw Polka.

Bars	Steps
8	Introduction: Salute Partners & Corners
8	Circle up & Polkade left (All four couples take hands in a circle & all forward polka round in clockwise direction to place. This is easier if dancers stand in a slightly diagonal position, so that their feet can move easily with the forward polka step & everyone commences on the left foot)
8	1st & 2nd couples right & left
8	3rd & 4th couples right & left
8	1st couple visit (promenade round the inside of the set in an anticlockwise path using the forward polka step, as in the <i>Princess Polka</i> part B section)
8	1st & 2nd ladies chain across & back (using the Nariel style chain & forward polka steps .. <i>gents take ladies left hands and raising hands up twirls the ladies as he walks round</i>)
8	3rd & 4th ladies chain across & back
16	All polka the set (couples in the waltz hold circular polka in the 3 hop style)
64	Repeat with 2nd couple doing the promenade
128	Repeat two more times, 3rd couple promenade, finally 4th couple & 3rd & 4th couples now commence with the right & left & the ladies chain movements respectively.
Coda	Finally unwind sets & polka the hall