

# *Down the Mines*

*David Johnson, 2012*

Formation : Longways sets of 4 or 5 couples

Music: 6/8 or 2/4 32 bar tunes

Notes: Dance starts with bottom couple, if very young children are dancing arches can be ignored.

Beats	Description
8	Bottom couple comes up the out side of the set to the top (going to work)
8	Couples (non dancing) make an arch with partner bottom couple returns down through the arches (going down the tunnel for work)
8	4 steps in and back to place
8	Cross over
16	Repeat above two
8	All couples form arches (tunnel) for bottom couple who come to top of set (returning to surface when work has finished)
8	Spin for 8 beats (good to be back on the surface).