## Lime Juice Tub

In the olden days sailors on sailing ships often got a horrible skin disease called scurvy, because they had no fruit and vegetables while they were at sea. The English sailors used to eat limes (like small lemons - you can sometimes see them at the supermarket) to stop them getting scurvy. So a "lime juice tub" is an English sailing ship!





Play the bowing pattern between verses to let the singers catch their breath.