

# Soldier's Joy

This is another dance, but not a jig this time. The English dance "Strip the Willow" goes to this tune. It's fast!

*A longer bowing pattern; good counting and good listening skill required. Clapping and singing will help establish the pattern. This tune also reinforces the concept of waiting for the first upbeat.*



Allegro means 'fast'.

## Strip the Willow

Form a set of 8 couples facing each other, making two straight lines.

1. The girl from the first couple swings, linked elbows, first with her partner, then with each boy down the set, returning to her partner between each new couple.
2. When they have reached the bottom of the set, the boy of the original first couple swings back up the set, beginning with his partner; he swings with each girl, and his partner, alternately.
3. Both boy and girl of the first couple swing with each new partner as they go, returning to swing with each other between partners.
4. When they reach the bottom of the set, the new first couple begins the dance again.

