

Five Golden Rings

Jane Bullock June 2020

Formation: Longways x 5 couples

Music: Winster Galop x 40 bars

Stepping: Slip step for circles

Bars	Steps
8	First and Second couples circle Left once around (4) Second couple flow into..... Second and Third couples circle Right once around (4) Third couple flow into.....
8	Third and Fourth couples circle Left once around (4) Fourth couple flow into..... Fourth and Fifth couples circle Right once around (4) Fifth couple flow into.....
8	All 10 of you make one big circle and circle Left once around
8	First couple lead all the others in a single cast, first couple make an arch all the others go through to progressed places and new numbers

Repeat the above 4 more times until all are home again where started