

Swedish Masquerade

Formation: Couples all facing L.O.D. (anti-clockwise)

Music: 48 bars – 16 bars slow march; 16 bars waltz and 16 bars polka

Bars	Steps
8	The music starts with a slow march Holding nearer hands, arms stretched out in front at chest high with the Woman's Left hand on top of Gent's Right hand and with nose in the air, all walk 7 steps forwards slowly in march time counting 1 and 2 and 3 etc... to 7 turning towards each other to face back the way you have just come
8	Now holding Gent's Left and Woman's Right hand (on top), arms stretched out in front at chest high. Walking forwards slowly counting 1 and 2 and 3 etc.. to 7 turning towards each other to face back the way you have just come
4	The music changes to gentle waltz time Facing once more L.O.D. Holding nearer hands this time closer, balance away from Partner and towards them twice in waltz time
4	Waltz round with Partner
8	Repeat the above 8 bars
4	The music changes to lively Polka tunes Holding nearer hands as in waltz time, balance away from Partner and towards them twice in polka fashion (let yourself go and be very bouncy)
4	Polka around
8	Repeat the above 8 bars
16	Last time Continue to polka the floor until the music stops.

It is said that this dance is a take off of the Swedish aristocrats – slow march; the Swedish middle class – waltz; and the Swedish peasants – polka.